

7.2.1: Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

BEST PRACTICE-I

Title of the Practice: HEALTHY PRACTICES OF PHYSICAL EDUCATION

Objectives:

- To promote physical, mental and social well-being
- To teach Essential Body Management Skills.
- To improve the General Physical Fitness of the students and staff.
- To produce University, State, and National level players.

Context:

Physical activities range from simple walking to jogging, running, sprinting, hopping, jumping, climbing, throwing, pushing, pulling, kicking, etc. Education without physical activities is like body without soul. All teachings in human education begin with physical education.

The Practice:

The Department of Physical Education will take the responsibility to train students in sports activities. The practice hour in the morning is 6.30 to 8.30 am and it is from 4.00 to 6.30 pm in the evening. Mostly it is conducted at the College Play ground. The Director of Physical Education and Coachers will train the students for attainment of the objectives.

Evidence of Success:

Utilizing the facilities, the students grab many medals, awards and championships in the university/state/national level sports and events. The College produced five University Players.

Achievements in Sports:

| S. No. | Name of the Student | Course | Achievements |
|----------------|---------------------|---------------|--|
| 2018-19 | | | |
| 1. | L. Manikandan | B.A. English | Awarded with Cash Prize of Rs. 50,000/- for sports achievement in the game of basket ball. Represented Tamil Nadu State Rugby team in the inter-state Rugby tournament held at Patna. |
| 2. | V. Balaji | B.Com. (C.S.) | Represented Tamil Nadu State boxing team in the inter State Boxing competition held at Allahabad. |
| 3. | K. Guru martin | M.B.A. | Represented Madurai District Cricket team under-23 in the inter district Cricket tournament held at Tirchy. |

| 2021-22 | | | |
|----------------|--|--|---|
| 1. | K. Rubakaran Ilamaran Krishna Kumar | M.B.A. B.A. Tamil B.A. English | Represented MKU Hockey team at Bengaluru University inter collegiate hockey competition. |
| 2. | D. Ajay Thalopathy | B.B.A. | Represented Tamil Nadu hockey team (under 19 years) for National level Hockey Tournament at Jarkand. |
| 3. | R. Yuvaraj | B.B.A. | Represented MKU Basket Ball Team for Inter-collegiate tournament conducted at Bengaluru University. |
| 4. | M. Venkatesan | B.Sc. Maths | Represented MKU Fencing (FEN Club) for Inter-collegiate Tournament at Guru Nanak University, Amritsar. |
| 2022-23 | | | |
| 1. | M. Karthikeyan A.S. Santhosh N. Velayutham | M.A. English M.A. English M.A. English | Represented MKU Cricket team at Bengaluru Reva University inter collegiate cricket competition. |
| 2. | N. Aswin Kumar P. Darshan K. Karthikeyan | B.Com. B.Com. B.B.A. | Represented MKU Hockey team at Bengaluru University inter collegiate hockey competition. |
| 3. | M. Hari Vignesh R. Sethu | B.A. Tamil B.Sc. Chemistry | Represented MKU Basket Ball Team for Inter-collegiate tournament conducted at SRM University. |

- Hockey and Basket Ball team won MKU "B" zone inter-collegiate championship consecutively for 21 years and 13 years respectively.
- Badminton team has won MKU "B" zone inter-collegiate championship in 2018-19.
- Table Tennis team has won MKU "B" zone Runner-up shield in 2018-19.
- Six University players have represented in the inter-University sports tournaments during 2018-19, 2019-2020.
- Hockey team won Second place in Hockey tournament at District level held at Tirunelveli during 2022-23.
- Cricket team won MKU "B" zone inter-collegiate championship in 2022-23 and Shuttle Cock team won second place.
- Basket ball team won championship in Tamil Nadu Chief Minister championship trophy at District level for the year 2022-23.

Problems Encountered:

- Difficult to reach College around 6.30 am by players.
- Insufficient bus facility to reach college in the early morning.
- Less facilities like free education and free hostel for players.
- Provision for Sports Hours during College working time.

BEST PRACTICE-II**Title of the Practice: TRAINING FOR ONLINE EXAMINATIONS**

It is a kind of training given to the students to face confidently about online competitive examinations conducted by the Government and Non-Government organizations.

Objectives:

- To create awareness about assessment from anywhere, at any time by using digital devices.
- To develop self-confidence to appear for various career opportunities.
- To improve their competitive skills and time management.
- To provide knowledge about the flexibility and convenience.

Context:

In this digital era, government and non-government, IT and Non-IT sectors, Public and Private sectors have come to the existence of on-line technical writing test instead of coding sheet test. Hence, there is a need to expose and practise with online examinations in order to bridge the gap between higher education examination system and competitive examination system.

The Practice:

It is mandatory for all UG Final Year students to appear for the GK online examination conducted by the College during Fifth Semester with Zero Credit. Syllabus with required material is provided to the students to prepare themselves for the GK online examination. Customised software is used by the College for the smooth conduct of online examinations.

Evidence of Success:

After taking GK Online Examination, students become confident to face Online Examinations which are conducted by various organizations for placement. So far 173 students have been placed through on campus drive in various companies in and around Madurai and outside the district for the last 5 years through Placement Cell. The major organisation includes Aqua Sub Engineering, Coimbatore, Integrated Enterprises India Private Limited, Madurai, CSG Software Solutions, Bengaluru, Neeyamo Enterprise Solutions Private Limited, Elcot IT Park, Apollo Home Health Care, Chennai, Orchid Pharma, and so on

Problems Encountered:

Internet connection is required for the conduct of online examinations. Since our College is situated in the hilly area, there is some issue to get net connectivity. However, the College resolve this issue by providing power through generator. There is also challenges in the adoption of technology and requires reliable bug free software.

